



Pre Allergy Consultation/Pre Immune Consultation Appointment Information

Thank you for choosing IMMUNOe Health Centers to care for you and your families Allergy, Asthma, and Immunology needs! At IMMUNOe Health Centers, we have taken a unique approach in treating patients who have come to us for answers. Rather than focusing on a single specialty or symptom alone, we explore the whole “puzzle” of what is often a history of complicated and chronic conditions. We evaluate the role the immune system may play in each individualized case and explore various causes or triggers (such as environmental and food allergies) which often can affect the immune system in a negative manner. For this reason, we often start most consultations with an allergy skin testing and routine pulmonary test.

Whether your symptoms are fairly straight forward, or a bit more complicated, we are confident that our facility can help you with your needs.

WHAT WILL I BE TESTED FOR ON A SKIN TESTING?

Our office will test for the following as a standard protocol:

- Pollens such as various molds, trees, grasses, and weeds specific to our region
- Common indoor allergens such as cat, dog, house dust and dust mite
- Some common foods which include strawberry, tomato, soy, peanut, shellfish, egg, cow’s milk, wheat, and chocolate

If you have concerns regarding a specific allergen, please let us know prior to testing so we can add to your panel if allergen is available.

HOW SOON WILL I GET RESULTS?

The results of the skin test will be available and read to you the same day as your appointment. However; any laboratory testing which may have been done can take up to six weeks to complete, therefore; we request that you schedule a POST consultation with a provider to review all results and to discuss an overall care plan for you or your child.

HOW SHOULD I PREPARE FOR THE APPOINTMENT?

The most important factor to consider is stopping all interfering medications in the specified time prior to your appointment as this helps to ensure accurate results. Failure to do so can result inaccurate test results - primarily with an allergy skin testing. Therefore; we ask that you please make sure to fully review the enclosed list of medications which may interfere with testing being done at your scheduled appointment.

If you/your child become ill and require a medication which is on the enclosed list prior to your appointment, please notify the office as soon as possible so we can help determine if your appointment will need to be rescheduled.

Most initial evaluations also involve a blood draw. For this reason, we ask that patient’s come to their appointment well hydrated, as this will make the laboratory procedure significantly easier for you and/or your child.

Isaac Melamed, MD Kevin O'Brien, MD Angela McDonald, PA-C

South: 6801 S. Yosemite Street Centennial, Colorado 80112 North: 3260 East 104th Avenue Thornton, Colorado 80233 East: 4809 Argonne Street Suite 260 Denver, Colorado 80249
T: 303.773.9000 F: 303.770.1449 T: 303.773.9000 F: 720.929.8444 T: 720.929.8300 F: 303.574.1800
Web: www.immunoe.com