



## Skin Testing/Interfering Medications Patient Instructions

Certain medications interfere with allergy skin testing and we ask that you please avoid taking the following medications for the specified length of time before your skin testing appointment.

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### The following medications should be stopped AT LEAST 5 days prior to testing:

loratadine (Clartin, Clarinex, Alavert)  
azelastine (Astelin Nasal Spray)  
cetirizine (Zytrec)  
levocetirizine (Xyzal)  
fexofenadine (Allerga)  
hydroxyzine (Atarax, Vistaril)  
Antidepressants: amitriptyline, desimpramine, doxepin, imipramine (Trofranil), nortriptyline, trazadone, Xanax

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### The following medications should be stopped AT LEAST 3 days prior to testing:

azatadine (Optimine, Trinalin)  
brompheniramine (Bromfed, Dimetapp products, Robitussin products)  
carbinoxamine (Rondec, Cardec)  
chlorpheniramine  
clemastine (Tavist, Contac)  
cyproheptadine (Periactin)  
diphenhydramine (Benadryl, Somnax, Unisom)  
doxylamine (NyQuil, AlkaSelzer Plus, Tylenol Flu Night Time)  
phenindamine (Nolahist, Nalamine, Triaminic products)  
tripoline (Actifed)

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### The following medications should be stopped AT LEAST 24 hours prior to testing:

montelukast (Singular)  
zafirlukast (Accolade)  
zileuton (Zyflo)  
cimetidine (Tagamet)  
ranitidine (Zantac)  
famotidine (Pepcid)  
nizatidine (Axid)  
Oral Steroids: prednisolone (Millipred, Orapred), Prednisone  
ADD/ADHD Medications: Ritalin, Adderall, Vyvanse, Focalin, Intuniv

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### You may CONTINUE taking any of the following medications:

antibiotics, SSRI antidepressants (Celexa, Prozac, Paxil, Zoloft), seizure medications, proton pump inhibitors (Prevacid, Prilosec, Nexium), and any INHALED steroids.

*If unsure of any medication you are taking which is not listed, please call the clinic at 303.773.9000 and ask to speak with an allergy nurse or provider.*

*Isaac Melamed, M.D.*

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